



We will meet five times starting on the week of November 30th

- Time: 6:00 pm to 7:30 pm.
- November 30
- December 7, 14, 21, 28
- Meetings will be virtual using zoom

Contact Monica Enriquez to RSVP and receive the invite to these meetings.

Parent Support Group in Spanish

*Are you having problems with your children at home?
Do you want some ideas to help you?*

Here at PACES, we are starting a support group for parents in Spanish! We will share ideas on how to handle the challenges of virtual school, and how to create a link within the Hispanic families in our community.

Contact Monica Enriquez

913-263-6795

Monica.enriquez@wyandotbhn.org

Parent Support Group

Topics By Week

Day 1: How to Manage Stress and Take Care of Yourself

- Stress related to COVID-19
- Virtual school

Day 2: Positive Teaching Strategies

- Routines for home and school
- Consistency
- Predictability
- Firmness

Day 3: Discipline

- Good and bad behaviors
- Responsibility
- Be a role model for your children

Day 4: Logical Consequences

- Alternatives
- Everyone's decision
- Types of consequences
- Limits

Day 5: Strategies for the Family

- Ideas and questions